



## PLANNING FOR A GOOD LIFE IN UNCERTAIN TIMES

### A One Day Seminar For Family & Friends of People With A Disability

*Do you worry about the future for your friend or family member with a disability?*

*Are you concerned that government funded programs and supports will not be available?*

*Are you aware of the many tools you can implement to enhance your loved ones well being?*

*Would you like to put the pieces in place to ensure your friend or family member has a good life?*

PLANNING FOR A GOOD LIFE IN UNCERTAIN TIMES is a full day seminar that will help you begin to develop a comprehensive future plan for your relative with a disability.

Two of the greatest challenges our children with disabilities will face throughout their lives are poverty and isolation. The seminar will provide practical strategies and tools that can be used to address these and other key issues. It's our hope that participants will leave energized with a new perspective on the future.

Join PLAN Toronto and Community Living Toronto at the beautiful Shadow Lake Centre for a day that will inform and inspire.

DATE: Saturday October 16, 2010

TIME: 9:30 AM to 4:00 PM (Lunch Provided)

LOCATION: Shadow Lake Centre ([www.shadowlakecentre.ca](http://www.shadowlakecentre.ca))

COST: \$ 25 per person

REGISTRATION & ADDITIONAL INFO AT [WWW.PLANTORONTO.CA](http://WWW.PLANTORONTO.CA)  
or call Susan Beayni @ 416-232-9444

Each participating family will receive the book *Safe & Secure: Six Steps To Creating A Good Life For People With Disabilities*.